



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

CREATE CHANGE

THE YOUNG AND THE RESTLESS (RESEARCHER): THE REALITIES OF PARTNERING WITH YOUNG EXPERTS BY EXPERIENCE

Presented by Jermy Pang

2025 ANHS Conference, Ngunnawal and Ngambri Country

20th-21st March 2025

Acknowledgement of Country



“My Country, Ngunnawal Country”

by Adrian Brown

National Museum of Australia

Project Advisory Team



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Presentation Outline

- Study overview

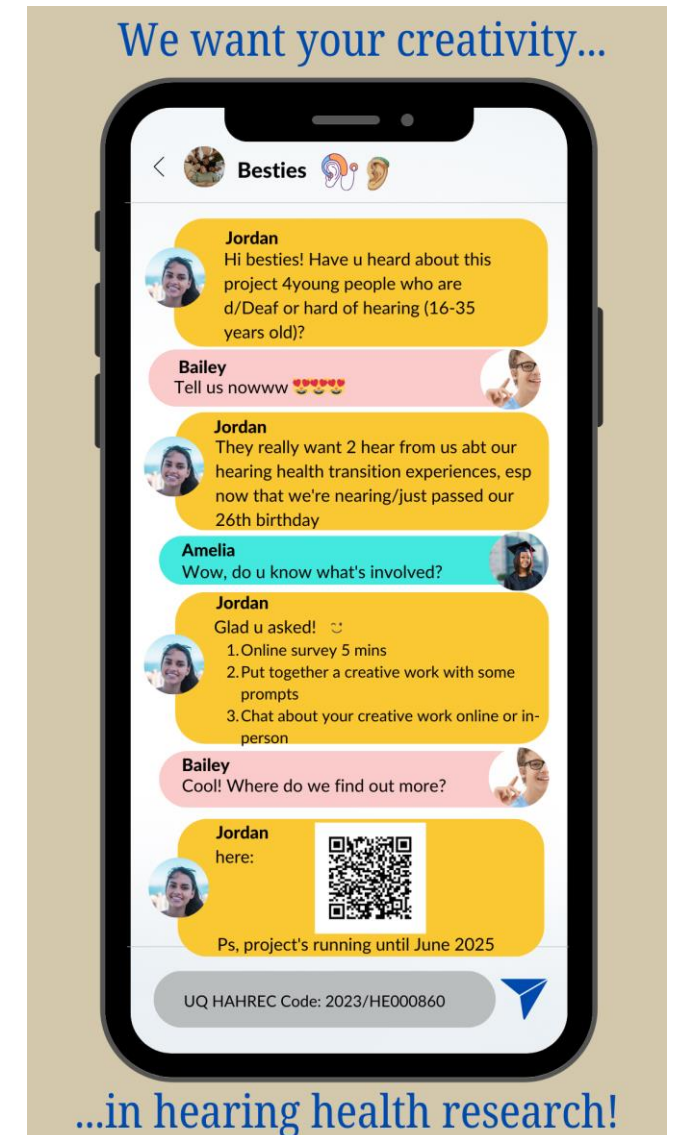
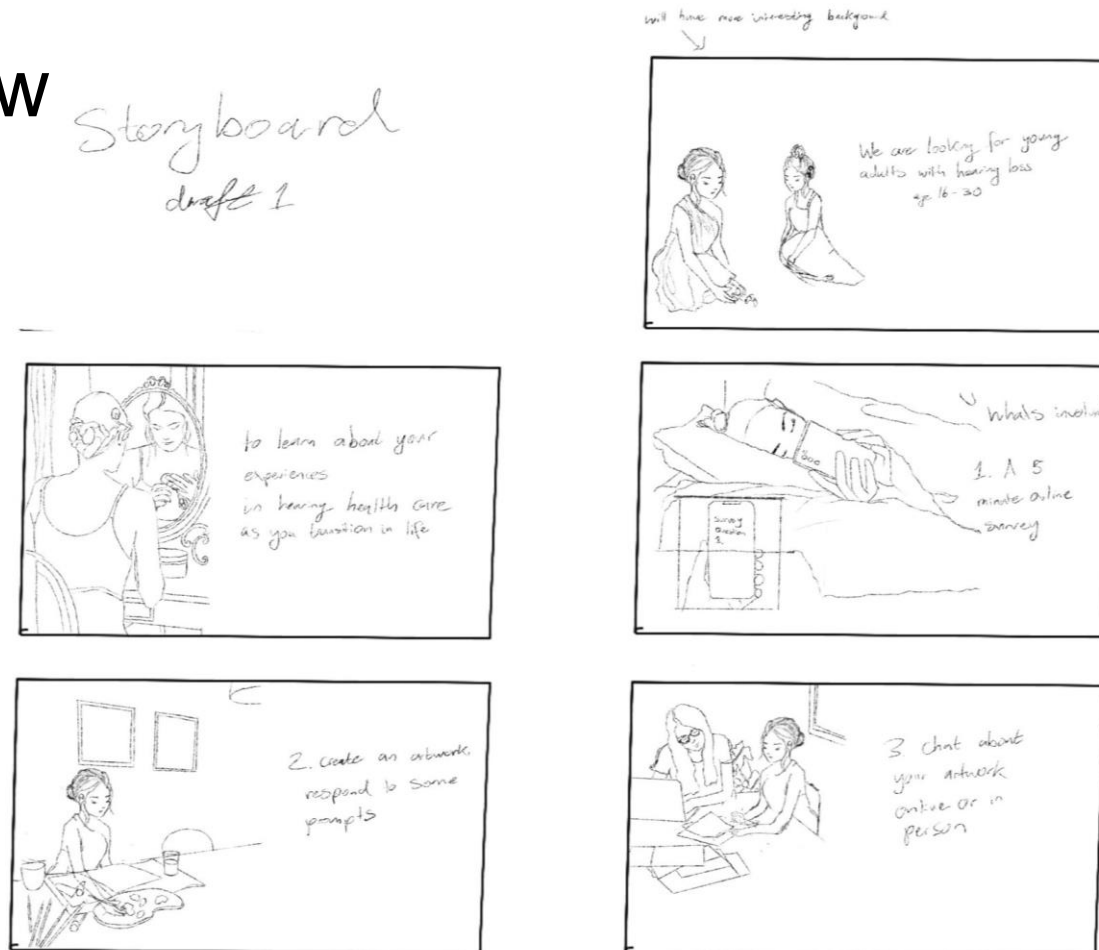
- Why

- How

- What

- Summary

Storyboard
draft 1



The CHAPTER Study Overview

CONSUMER AND COMMUNITY INVOLVEMENT

Study 1: exploring the needs of paediatric to adult HHC transition process

Study 2 & 3: community-based participatory action research/Youth Advisory Panel

Study 4: Evaluation of the co-production process and research outputs



Positionality (Our Why)



- Profound hearing loss, a bilateral > unilateral cochlear implant user.
- I work with teenagers and adults who have hearing loss or deafness
- I am seeking a more holistic approach to my experience with deafness



- After becoming profoundly deaf, my audiologists were my biggest support
- My interest and passion for art and creativity
- navigating the transition from teen to adult health care services



- My own transition experiences of moving off the Hearing Services Program
- My living experience as a parent of young person who is hard of hearing and mentor, and research audiologist hat
- My love for creative pursuits

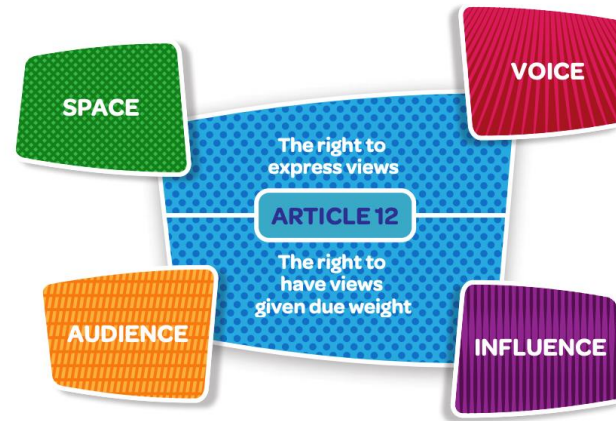
Lighthouses (Our How)

THE UNIVERSITY OF MELBOURNE THE LANCET
LONDON SCHOOL OF HYGIENE & TROPICAL MEDICINE COLUMBIA UNIVERSITY IN THE CITY OF NEW YORK UCL

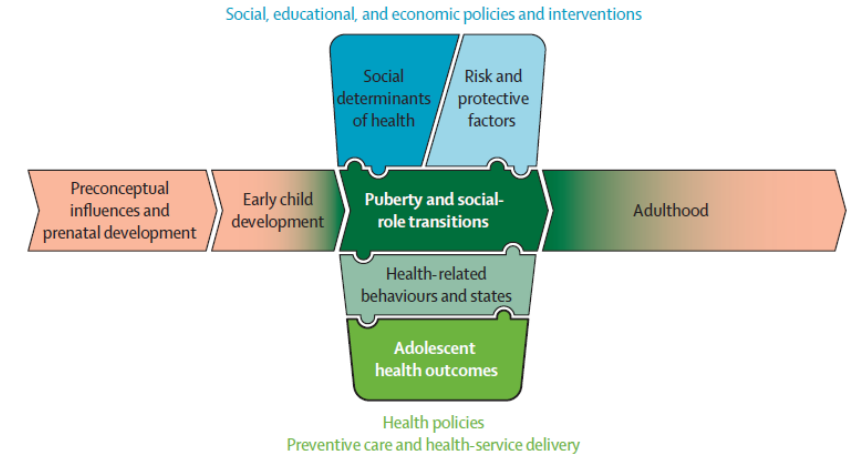
Our future: a Lancet commission on adolescent health and wellbeing

George C Patton, Susan M Sawyer, John S Santelli, David A Ross, Rima Afifi, Nicholas B Allen, Manika Arora, Peter Azzopardi, Wendy Baldwin, Christopher Bonell, Ritsuko Kakuma, Elissa Kennedy, Jaqueline Mahon, Terry McGovern, Ali H Mokdad, Vikram Patel, Suzanne Petroni, Nicola Reavley, Kikelomo Taiwo, Jane Woldfogel, Dakshitha Wickremaratne, Carmen Barroso, Zulfiqar Bhutta, Adegun O Fatusi, Amitabh Mattoo, Judith Diers, Jing Fang, Jane Ferguson, Frederick Siewamala, Russell M Viner

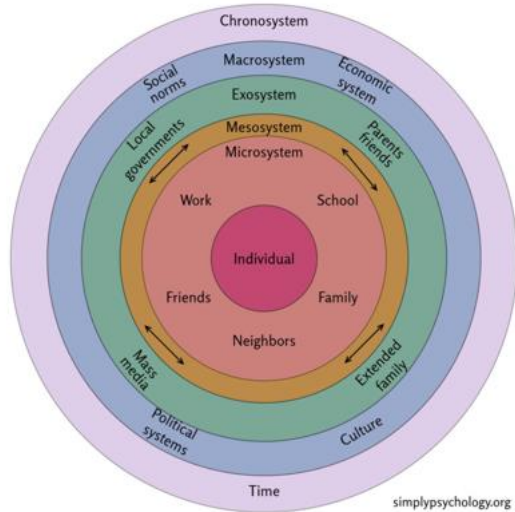
The Lancet Commissions (2016, 2022)



The Lundy Model (2007)



Conceptual framework for adolescent health (Sawyer et al. 2012)



Bronfenbrenner's Ecological Systems theory (1977)

WALKING THE TALK: DESIGNING YOUTH ADVOCACY & ENGAGEMENT WITH YOUNG PEOPLE

WHITE PAPER: ENGAGING WITH YOUNG PEOPLE IN HEALTHCARE HOW ARE WE DOING?

2022

AWCH Association for the Wellbeing of Children in Healthcare HEALTH CONSUMERS NSW

Walking the Talk Report (2022)

Young and Wise

A review of what Australian children and young people say they need to thrive

September 2024

every child thriving aracy

Young and Wise Report (2024)

Youth co-research toolkit

Practical guides and resources for researchers

CRIS DEAKIN UNIVERSITY cmu WESTERN SYDNEY UNIVERSITY RMIT UNIVERSITY

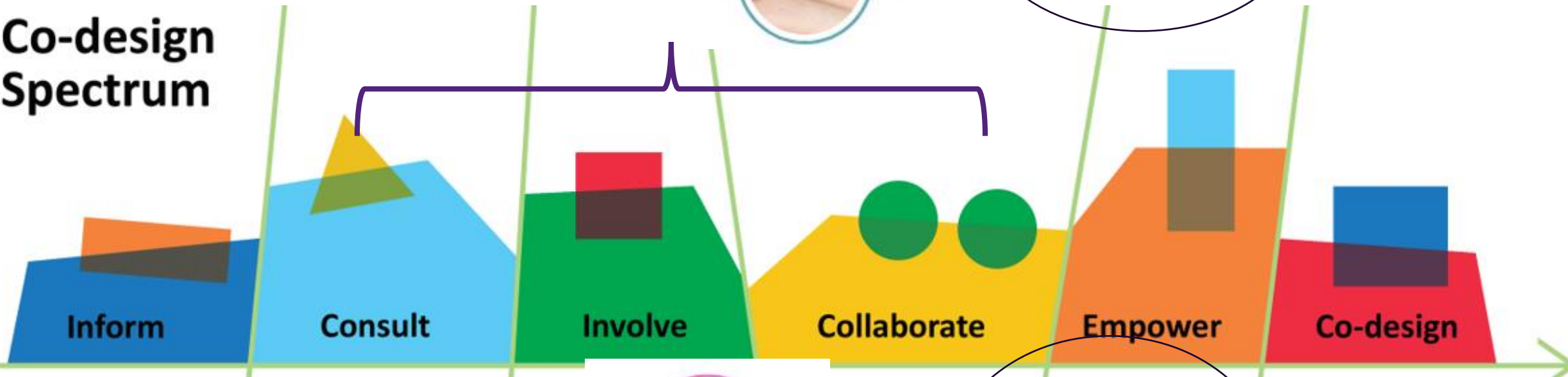
Young & Resilient Research Centre (2023)

How did we make it work?



- *mentoring
- *project planning
- *data analysis
- *dissemination

Co-design Spectrum



Credit: IAP2 Spectrum adapted for use by VicHealth



- * mentoring
- *project planning, applying for ethics approval
- *dissemination

Youth Co-Researcher Realities (Our What)

What worked well:

- ✓ Transparency
- ✓ Give and take
- ✓ Acknowledging emotional burdens
- ✓ Supporting each other
- ✓ Flexibility
- ✓ Room to grow

What to improve:

- Time management: meetings, working together
- Expectations for research tasks and “scope creep”

What's next:

- More regular whole team meetings
- Review ToR regularly
- Take a break if needed, no judgement, safe space and time
- Keep practicing active listening

Summary



keeping an open mind, stay curious, recognise the diversity in life experiences – there is no one absolute truth.



respecting lived experience like a textbook. Your view will always be through a difference lens; need for a balanced view.



It is 100% doable (pro-tip: start some/anywhere) but it needs to be guided by the ethics of care; be ok with the discomfort; framing with the right terminology



Bibliography

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Thank you

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